## **Means**

How we communicate

Signs
Symbols
Gestures
Body language
Facial expression
Pointing
Objects
Pictures

## Reasons

Why we communicate

Attention
Greetings
Wants/needs
Request
Information
Give information

Protest / deny
Feelings
Choices
Preferences
Negotiation
Discussion
Planning

Shared interests Friends

Colleagues

Authority figures

Carers

**Partners** 

Time

Place

Shared language
Shared communication

## **Opportunities**

Where, when and with whom we communicate